

# Vocalises ~ Light Mechanism

[Should preface vocalises with light physical activity: ]

\*stretching, massage face & neck, etc.

\*breathing exercises: counted inhalation/exhalation cycles, hissing, pulsing, window fogger, etc.

Rebecca L. Raber

The score consists of ten staves, each with a treble clef and a common time signature (C). Each staff begins with a '1' in a box, indicating the first measure. The staves are labeled on the left as follows:

- Staff 1:** Airflow Tension (or octave). Sound: Brr
- Staff 2:** Tension Airflow. Sound: Ah (sighglides/glissandos)
- Staff 3:** Airflow Onset Free sound (mid-reg). Sounds: Hee (zee) hee vee) hee. Ha ha ha Hoo hoo hoo.
- Staff 4:** Tension Fwd. placement Focus (mid-reg). Sounds: Pplah pplah, (flah)
- Staff 5:** Airflow Resonance Blending (mid-reg). Sounds: Poo - tee, (foo - tee)
- Staff 6:** Fwd. placement Airflow (whistle reg). Sounds: Soo - fa fa fa (shoo - tha)
- Staff 7:** Fwd. placement Airflow. Sounds: Shoo - tha tha tha tha.
- Staff 8:** Sym. Resonance Relaxed jaw. Sounds: Yum yum yum yum yah.
- Staff 9:** Nasal Resonance. Sounds: Hung ah.

# Vocalises ~ Light Mechanism II

[Should preface vocalises with light physical activity: ]

\*stretching, massage face & neck, etc.

\*breathing exercises: counted inhalation/exhalation cycles, hissing, pulsing, window fogger, etc.

Rebecca L. Raber

The musical score consists of ten staves, each with a specific title and lyrics. The notation is in treble clef with a common time signature (C). The exercises include various rhythmic patterns, such as quarter notes, eighth notes, and triplets, often with slurs and breath marks. The lyrics are written below the notes.

1. **Falsetto to chest**  
Ee ah ee.

2. **Falsetto Blending down**  
Oo ee oo ee oo ee oo ee oo ee oo ee oo ee oo ee oo ee oo ee oo ee

3. **Falsetto-chest coordination**  
Ah

4. **Flexibility Tension**  
Gi - gi - dy gi - gi dy gi gi dy gi gi dy goo.

5. **Air support**  
Ha ha ha ha ha ha ha.

6. **Fwd. placement Resonance Lifted palate**  
Hung - ah hung - ah hung - ah hung - ah ah.

7. **Buzz Free sound**  
Zing a ma ma zing a ma ma zing a ma ma zingama ma zing zing zing.

8. **Forward Placement Support**  
Nee ee ah ah ah ah ah.

9. **Fwd. focus Free sound**  
Noo noh nah

- a. bash, cls, crach, dash, gnash, hash, lash, mash, slach, smash, thrash and trash
- b. flicker, flutter, flurry, flip, flap, fly, flow, flash, flee flare, fling, flush, flame, flail and flounce.
- c. sneeze, snort, sniff, sniffle, snuff, snuffle, snarl, snivel, snoot, snout, sneer and snicker.
- d. clip, snip, swap, rap, tap, slap, whip, pat, cut, slit, hit, dart, flir, crack, click, flick, smack, strike and whack
- e. clunk, junk, punk, drunk, dunk, skunk, flunk, bunk, lunk, and funk.
- f. rump, lumps, bump, mumps, plump, humps, stump, chumps.

# Vocalises ~ Middle Register (blending)

*\*Substitute consonants before any vowel work.  
F=airflow N=resonance V=firmer closure Z, M, S, Th, etc.*

Rebecca L. Raber

1  
Blending  
Airflow  
(mid-reg)  
Soo ma ma soo ma ma soo.

1  
Airflow  
Firm Closure  
(mid-reg)  
Brrr thoo ee oo ee oo ee oo ee ooe.

1  
Blending  
Light quality  
(med-high reg)  
Tha tho tha tho tha.

1  
Airflow  
Legato  
Blending  
Alt. Vowels  
Mi may mah moh moo.

1  
Blending up  
Altern. vowels  
ee ah ee ah ee ah ee ah ee ah ee ah ee.

1  
Blending down  
Altern. vowels  
ee ah ee ah ee ah ee ah ee ah ee ah ee.

1  
Resonance  
Blending  
Mah may mi moh moo.

1  
Flexibility  
Range ext.  
La be da me ri po tu.

1  
Blending  
Tension  
Alt. vowels  
Oo ee oo ee oo ee oo ee oo ee oo ee oo.

# Vocalises ~ Heavier Mechanism

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1  
Blending  
Airflow  
Firm closure  
Agility  
Zee \_\_\_\_\_ ah \_\_\_\_\_

1  
Resonance  
Alt. vowels  
Blends up & dn  
Nee ah nee ah nee.

1  
Blending  
Airflow  
Keep placement  
Down to the bot - tom of the sea we go.

1  
Tonebuilder  
Firmer closure  
Voiced Th  
Tee ay tee ah tee oh \_\_\_\_\_

1  
Firm closure  
Alt. vowels  
Vee vah, vee vah, vee vah

1  
Skips  
Resonance  
Nay nay naynay nay nay.

1  
Registers  
Full sound  
I love to sing.

1  
Flexibility  
Doo doo doo doo doo doo doo doo doo doo doo be doo.

# Vocalises ~ Specific Problems

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1  
Agility ah oh oo

1  
Agility ee ay ah [3]

1  
Blending Airflow Keep placement Ee ay ah oh oo

1  
Resonance Ah, Moo nee yah

1  
Chromatic Closure Zee ah zee ah zee ah zee ah zee

1  
Blending Vee vay vah voh voo

1  
Energy Bounce

1  
Legato Tension Yoo yah yoo yah yoo yah yoo yah

1  
Agility Vowels La be da me ni po tu

1  
Airstream Agility Blending Zee ah

1  
Intervals Blending Legato

1  
Messa di voce Ah aw ah